



SunSmart Policy

Rationale

To provide students, staff and parents/guardians of Brookside P-9 College with better sun-protection knowledge and behaviours.

Aims

Brookside P-9 College aims to:

- Increase student and community awareness of skin cancer risks and other damage caused by UV radiation as a result of sun exposure.
- Encourage the entire school community to use a combination of sun protection measures.

Implementation:

1. **P-6 students** are to wear either a navy bucket hat/slouch hat/broad brimmed hat which protects the face, neck and ears during Term 1 & 4.
 - a. Students in P-6 without a navy bucket hat/slouch hat/broad brimmed hat will be restricted to play in designated shaded areas and enforced by the yard duty teachers at recess and lunch times.
2. **Year 7-9 students** are actively encouraged to wear broad-brimmed hats whenever they are outside, but particularly for organised outdoor activities such as sports carnivals.
3. All students are encouraged to apply their own SPF 30+ broad spectrum sunscreen before going outdoors (reapplying after a 2-hour period or more often when sweating).
4. Students are encouraged to use available areas of shade for outdoor activities on days where the sun is extreme or high in UV.
5. The role of **parents/guardians** is to:
 - a. Be SunSmart role models through actively wearing appropriate hats and clothing when outdoors and applying appropriate sunscreen.
 - b. Encourage their children to be SunSmart and support Brookside P-9 College's implementation of SunSmart practices by ensuring they provide their child with a Brookside P-9 College approved school hat.

6. The role of **staff** is to:
 - a. Be SunSmart role models through actively wearing a bucket hat/slouch hat/broad brimmed hat when outdoors and on yard duty.
 - b. Consider the availability of shade when planning excursions and all other outdoor activities.
 - c. Encourage the use of available areas of shade when outside (during the days of high UV radiation).
 - d. Use assemblies to remind students about being SunSmart and actively promote SunSmart with classes.
7. Staff are encouraged to apply their SPF 30+ broad spectrum sunscreen before going outdoors. The school will supply SPF 30+ broad spectrum sunscreen for teacher use.
8. The role of the **college** is to:
 - a. Promote SunSmart practices described in the SunSmart policy, which is placed, on the Brookside P-9 College website.
 - b. Prominently display SunSmart signs throughout the school and in the school newsletter.

Resources

- DET School Policy & Advisory Guide (SPAG) Sun and UV Protection (2016)
- <http://www.education.vic.gov.au/about/research/Pages/sunprotect1.aspx>

Evaluation

This policy will be reviewed as part of Brookside P-9 College's three year review cycle or more often if necessary due to changes in regulations or circumstances.

School Council last reviewed this policy in August 2020.