

Garden Salad

Equipment	Ingredients
Large salad bowl	Lettuce leaves cut into bite size pieces
Glass jug	1 large tomato diced or 6 cherry tomatoes
Measuring spoons	1 cucumber thinly sliced
Fork	1 carrot thinly sliced
Chopping boards	1 spring onion thinly sliced
Knives	
	Dressing
	$\frac{1}{4}$ cup olive oil
	2 tablespoons vinegar or lemon juice
	$\frac{1}{4}$ teaspoon salt
	1 teaspoon sugar or honey



METHOD

1. Place lettuce in a salad bowl and top with chopped tomato, cucumber, onion, and carrot.
2. To make the dressing. Measure olive oil in a small glass jug, then add the vinegar, salt and honey.
3. Stir the dressing with a fork until sugar dissolves. Taste dressing and adjust the flavour as desired.
4. Pour dressing over salad and gently toss with tongs to combine.
5. Garnish with edible flowers or extra herbs before serving