

Vegetable Soup



Ingredients:

- 1 onion
- 2 carrots
- 2 sticks celery
- 2 potatoes
- 1 clove garlic
- ½ cup green beans
- 1 cup of Pumpkin
- 2 table spoons olive oil
- 1 can 4 bean mix, drained
- 1 can chopped tomatoes
- 1 litre chicken stock
- ½ cup of pasta (spirals/macaroni/penne)
- ¼ cup chopped herbs
- Salt and pepper to taste



Steps

- 1. Dice onions, carrot, potato, celery and garlic.
- 2. Heat large saucepan on medium heat, saute' diced vegetables for 5 minutes
- 3. Meanwhile, peel pumpkin and chop both into small pieces.
- 4. Add chopped pumpkin, beans, can tomato, chicken stock and boil for 10 minutes.
- 5. Add pasta and drain tinned beans, boil until pasta is cooked.
- 6. Add herbs and salt and pepper to taste